



## TEAM BREAKOUT SESSION: STORY OF US PRACTICE

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### GOALS

- Develop a story with an identifiable “us” by using clear, specific examples of the challenges, choices, and outcomes of this community.
- Practice telling your community’s story in a way that starts to join individual stories in a collective narrative.
- Coach others’ stories by listening carefully, offering feedback, asking questions.

### Agenda

#### **TOTAL TIME: 40 min.**

1. Gather in your team. Nominate one person to be a **timekeeper**. Be sure your facilitator tells their 2 minute sample Story of Us. 5 min.
2. Take some time as individuals to **silently develop your “Story of Us.”** Use the worksheet below. 5 min.
3. Choose a partner. 10 min.  
**Practice telling your story** of us.  
- 2 minutes each to tell your story of us:
  - \* Focus on a specific story. What challenges have we shared, what choices did we make together, what was the outcome?
  - \* Be specific & give lots of details  
- 3 minutes each for feedback:
  - \* What values are reflected in this story? How?
  - \* What is the **Challenge, Choice, Outcome** in each story? Write them in the boxes below.
  - \* Were there sections of the story that had especially good details or images (e.g. sights, sounds, smells, or emotions of the moment)? How did those details make you feel?
4. As a team, **go around the group** and tell your story one by one. 20 min.  
  
For each person:
  - 2 minutes to tell their story of us
  - 3 minutes to offer feedback from the group  
Chose one person to tell his story to the entire class.